

# The Fairfax News

JUNE/JULY 2013



A publication by the people of Fairfax



VOL. XXXVI, Iss. II

## HENRY RAYMOND'S COVER PHOTO



Aaron and Jeff Minor on the float from Minor's Country Store at last year's Community Day Parade in Fairfax.

PHOTO BY CINDY GROSECLOSE

## Fairfax Celebrating 250 Years

BY CHRIS SANTEE

Fairfax Historical Society President Mike Cain has informed the Fairfax News that in 1763, New Hampshire Governor Benning Wentworth chartered many Vermont towns, including Fairfax and on August 18th, 2013, we will be celebrating our town's 250th Birthday. During the course of the summer, we will be celebrating events leading up to the birthday.

The Fairfax Historical Society presents the 26th Annual Pie and Ice Cream Social, Sunday June 23rd, 7pm, on the front lawn of the Baptist Building on Main Street in Fairfax. Band Concert by the Fairfax-Fletcher-Westford Band. There will also be a "jelly-jar-style" auction. We will let you know what items we are auctioning when the time gets closer. Come celebrate the start of summer with friends and family and enjoy homemade pie and with some ice cream, great music and great conversation. For more information, please call 849-6638.

The Fairfax Rescue Squad will have a ribbon cutting ceremony on Community Day, July 4th (see article on page 2).

Mary Kay Raymond brings us some more news on Community Day, July 4th, 2013.

### Parade Info:

The Parade will be held on Thursday July 4, 2013 at 1pm, with the parade line-up beginning at 11:30am. Parade will start at St. Luke's Church and proceed down Main St, bearing right on Hunt St. and end at the Fairfax Community Recreation Park!

This will be approximately a 2 mile route.

### Community Day Info:

The Fun does not stop when the parade ends! The parade will lead us to the 6th annual Community Day and 21st Annual Ducky Race.

This annual event has been growing over the past few years and last year, all winners were in the park for the race winning \$50 extra dollars. As in recent years, we would like groups/businesses etc., to create booths for the Community Day, and we look forward to hearing your ideas! The winner of the famous Golden Duck Trophy will also be announced at Community Day.

### Participation Wanted By All:

If you are interested in participating in the 4th of July Parade and/or Celebration, please complete the form attached and spread the word. All are

## CELEBRATING 250 YEARS

Continued on page 11

## NEWS IN BRIEF

### Celebrating 100

The athletics at Bellows Free Academy set a record during the 2012 to 2013 school year that has never been accomplished in Fairfax. Between the football and soccer teams, the basketball teams and baseball and softball teams, BFA Fairfax surpassed 100 team victories. The baseball and softball teams, as we go to print, boast identical 17-0 records and both are seeded #1 in their playoff run. Go Bullets!

### In Passing

Fairfax lost some very familiar faces recently, both young and old, but all were loved and will be missed tremendously.

Obituaries start on page 8.

### Country Pantry

Fairfax's restaurant has had some changes over the past few years, but the new owners could be here to stay!

Story on page 4.

### Pie & Ice Cream

Sunday, June 23rd  
The Baptist Building

### New Town Office

The Town of Fairfax has purchased the property and goes before the Developmental Review Board on June 19th for approval to commence construction.

## COMING NEXT ISSUE

# Happy 250th

## School Board News

By ELAINE CARPENTER, CHAIR

Another school year is winding down and we are so appreciative of the many people who have made this another successful school year at Bellows Free Academy Fairfax.

At our June meeting we will be welcoming Jasen Boyd as our new school board member. We accepted with regret the resignation of Peg Stewart who graciously stepped out of retirement to help us fill a vacant position. Jasen has children in the elementary school and is active in the school and community as well as working for the Vermont National Guard.

At our April meeting we had a presentation from our Physical Education program educators. Ms. Weeks was joined by two of her students who made a great PowerPoint presentation about their PE experiences. Mr. Brown and Mr. Murray also spoke about their programs, their expectations, curriculum and team planning. The board was able to ask questions about funding, equipment, use of technology as well as scheduling time for student classes. This presentation was followed by the Athletic Program presentation at our May meeting. Matt Larose and Francesca Harvey, high school student representatives on the Athletic Leadership Council, shared their experiences of athletics and training opportunities at BFA Fairfax. Thank you to our student presenters! Student presentations are truly a highlight of our meetings.

There will be a new instruction model in our 3rd and 4th grades next year. Rather than having the classroom teachers be responsible for all subject areas, our teachers will have special areas of instruction: Literacy, Math, and Social Studies/Science. The more rigorous requirements of the Common Core State Standards soon to be implemented are helping us design educational structures to best meet the needs of our students. This will be a new and exciting time for our 3rd and

## SCHOOL BOARD NEWS

Continued on page 6

## The Class of 2013

(PM Pro-Merito 90 and above GPA)  
(NHS Aristo Chapter National Honor Society) (NTHS National Technical Honor Society)

Presenting the Class of 2013: Kiley Elisabeth Ashley (PM), Kayla Breanne Baczewski (PM/NHS), Meghan Lyn Bochanski (PM/NHS), Austin Robert Bodette, Tyler Michael Bolam, Brook Lynn Bushey, Sierra Louise Camley, Gabriel John Campbell, Austen Elizabeth Carpenter (PM/NHS), Dustin Joseph Charland (PM), Emma Ruth Collins (PM/NHS), Breanne Michelle Corse, Oakley John Crouse, Andrew William Delaney, Jared Louis Demar (NHS), Kyle Robert Desso, Patrick William DeZalia, Brittany Marie Domina, Shayna Marie Dudley, Taylor Marie Edwards, Jesse Donald Feiner, Andrey Nicolas Figueroa (PM/NHS), Emily Nicole Filiberti (NHS), Margaret Anne Fitzgerald (PM/NHS), Molly Rivers Froebel, Levi David Gardell (PM/NHS), Austin Raymond Glover (PM), Lacey Lynn Graham, Abigail Brenda Moriah Gregoire, Sandra Ruth Groening (PM/NHS), Jamie Benson Groff, Warren Clement Hamm, Anissa Marie Hartmann (PM/NHS), Michael Brian Hebert, Rick Harvey Jones, Nathaniel Ryan Kilburn, Mor-

gan Elizabeth LaForce, Connor Adrien Laroche (NTHS), Shalena Ann Marie Legrand, Douglas Harvey Legris, Kyle Edward Letourneau (NHS), Annelise Patricia Lynch, Alister Craig Marble, Rebecca Rose Martell, Dakotah Leigh McCormick (PM/NHS/NTHS), Briana Noel Morin (PM), Hunter Anne Mossey, Brooke Marie Naylor (PM/NHS), Lyla Marie O'Brien (PM), Veronica LeeAnn Palermo, Sally Jane Parizo, Breanna Mary Pepin, Brittany Lynn Perkins, Amanda Rose Perry, Gary Lyman Pidgeon, Jr., Benjamin Paul Pomichter (PM/NHS), Timothy Josiah Rebeor (PM/NHS), Amelia Louise Rothwell (PM), Danielle Aline Russin (PM/NHS), Aman Prett Saini (PM/NHS), Colby Albert Simino, Shivram Parkash Singh (PM/NHS), Julia Priscilla Snyder (PM/NHS), Jasmine Alexis St. Francis, Josie Ann Thibault (PM/NHS), Anthony Henry Towsley, Marin Yang Fu Varney (PM/NHS), Katie Felicity Weed, Kristopher Michael Wehner, Brandon Ryan Whitehill (NHS/NTHS), Sierra Elizabeth Willette, Ryan Allen Wimble (PM/NHS), Travis Kenneth Yandow (PM/NHS), Morgan Ashley Young (PM/NHS) and Sarah Arianna Zelley (NHS/NTHS).

Postmaster, Please Mail To:

# LETTERS TO THE EDITOR

Dear Fairfax,

"It takes a community, Chris!"

That's what Geri Witalec told me when I asked the BFA Fairfax Athletic Director what the secret was for the baseball and softball success.

She's right! It takes dedication of players, parents and fans combined for the kind of success we're enjoying.

Our student athletes have played 34 games this spring and won all 34 of them.

Yes, it takes a community and we've got a great one.

I pray you all get to enjoy your community this summer, afterall, it's our birthday, let's celebrate as a community.

Take care and God bless,

*Chris Santee*

THE  
FAIRFAX NEWS  
Online Daily  
at TheFairfaxNews.com

## The Fairfax News

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GWBD

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The Fairfax News • P.O. Box 86,  
Fairfax • Vermont 05454

## Many Thanks!!

Many thanks for the cards and the gifts that I received on my 91st birthday.

*Charlotte McNall*

## Fairfax Rescue New Facility

Fairfax Rescue is pleased to announce the completion of their new facility. Construction started last November and was completed at the end of March. The move to the new building was April 1st. While we are still settling in we are pleased with the fact that we have much more room to work with.

We would like to thank all of those that made this possible. A special thanks to Gabriel and Diane Handy who provided their time and considerable financial support to this project. Without them the project would not have gotten off the ground. Others who contributed labor and materials were Titan Construction, John Morrie Construction, Irish Interiors, Trowel Trades, Champlain Doors, Wayne Dalton Doors, Alpine Sprinklers, Steve and Kathy McDonald, Larry and Barb Young, Michelle Dufresne, Dale's Excavating, Yankee Plumbing, Total Home Center, and so many others who gave of themselves. The dedicating plaque for the building will carry a complete list of all who helped out. A special thanks to the Fairfax Select-board and zoning office for helping to guide us through the building process. Also thank you to the Merchants Bank for recognizing the financing needs of our non profit organization.

To celebrate the new building we will be holding an open house on July 4th from 10 am to 12 noon at the new building which is right next to the fire station. Come join us for light refreshments before you enjoy the parade. Again thank you all who made this dream a reality.

*Mike Spaulding*  
Fairfax Rescue

## Montpelier News

The legislative session ended on Tuesday, May 14th, late in the night. As is usually the case the final days were quite interesting in that attempts

were made to either save items or scuttle them. When the session ended it was with the passing of a General Fund Budget with a 4% increase over last year. It certainly is not a perfect budget, but it is a long ways from what the Governor proposed and what either body had voted out. While we are not faced with new taxes on items such as soda, candy, bottled water, etc. there are many concerns about this budget. It represents funding for 62 new state positions and uses \$55 million in one time money to balance it.

We had the chance this year to send a clear message to our growing hi-tech industry showing that we value their business and want to encourage its' growth. However, the majority sent the exact opposite message by instituting a sales tax on cloud computing services. Not a good position for Vermont or our embryonic tech business.

Our property taxes continue to rise with a residential increase of 5 cents and non-residential of 6 cents. It is likely increases will be at least that much for next year. The education funding system is broken and needs to be revised but the administration and the legislature seem unconcerned and refuse to address the problem. Local school budgets are what drives our property taxes and Act 60/68 is not workable any longer. We need to change our system.

The legislature did vote an increase in gasoline taxes in order to right the transportation fund and to capture \$56 million in federal funds. I did not vote in favor of that, but I am very aware of the need.

On January 1, 2014 The Vermont Health Exchange will be in operation for many folks for health insurance coverage. A good source for information is Vermonthealthconnect.com.

There were many other items of interest that transpired this session; too many to write about here. As always if you have questions or concerns please contact me at 802-735-3900, 849-6284 or email [jmitchell@leg.state.vt.us](mailto:jmitchell@leg.state.vt.us).

*John Mitchell*  
Fairfax Representative

## Thanks

### Town of Fairfax

I want to thank all of you who supported me in my Re-Election for Fairfax Town Clerk and Fairfax Treasurer. It is a privilege and pleasure to serve you. Feel free to stop by the Town Office or give me a call at (802) 849-6111 extension 2. I am happy to be a service to each and every one of you.

Respectfully,

*Deborah Woodward*  
Fairfax Town Clerk  
Fairfax Treasurer

## Streetlights & Sidewalks

The Town of Fairfax is currently working on the construction of sidewalks for Main Street from Hunt Street to Fairfax Family Physical Therapy and streetlights are coming also. Watch TheFairfaxNews.com for breaking news on these stories and more.

## New Town Office

The Fairfax Development Review Board will hear the proposed plan of construction for the new Fairfax Town Office on June 19th.

Special thanks to the Town Office Committee, who spent many hours on the design. You'll be meeting them in the next issue of *The Fairfax News*.

## Fairfax Roads

Thanks to the Road Department of the Town of Fairfax, who have been battling a wide variety of weather as they maintain our town roads for our safety and comfort. You can show your support by giving them a wave in town, and applauding their truck in the upcoming Fairfax Community Day Parade.

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Nate Muehl, of Fairfax and Notman Muehl Associates can conduct a review of your insurance needs as well as discusses any financial goals you have in mind in lieu of Life Insurance Awareness Month

*Life is too special to not protect  
the ones you love.*



**Take A Minute To Call  
Someone You Love or Care About**

Sometimes life seems to get away from us. With our everyday routines and seeming like no time for ourselves we tend to put off the little things in life that matter. Please take a minute after reading this to reach out to someone you love or care about to say Hello. I was once told that a phone call is as good as a hug when you can't be right there.



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# COMMUNITY EVENTS

**Check  
TheFairfaxNews.com  
for Upcoming Events  
daily!**

## At the Community Library

**Wednesday, June 19, 4-5 pm:** READ to a Dog: Kids can read a book of their choice to a fuzzy, friendly dog. To sign-up for a time slot, call (849-2420) or stop by the library.

**Saturday, June 22, 9 am-4 pm:** Red Cross Babysitting Training: Become a certified Red Cross babysitter! Learn the basics of babysitting with the Red Cross. For ages 11-15. You must bring a bag lunch. Preregister with the library; limit of 12 participants. Free.

**Monday, June 24, 2-4 pm:** Young Producers Workshop: A hands-on introduction into the world of television! Children ages 8 and 9 will have fun learning about the equipment used to make television programming, and will complete a short library themed project. The project produced in this workshop will be provided to the children and the library on DVD, as well as run on LCATV and stream from the LCATV website. Please Note: There will be 3 separate workshops throughout the summer and each one will feature a different activity. Kids can sign up for one or all three workshops. Length of time: 2 hours. Number of children: Min. 4, Max. 10. Age range: 8 and 9 years old. Sign-up: Required. Permission slip: Required

**Tuesday, June 25, 5:30-6:15 pm:** Herbal Bug Spray with Debbie: Create all-natural bug spray with Debbie Laudauer, our town librarian. It's fun, quick, and effective—just in time for summer. Free, all are welcome! Pre-registration appreciated.

**Wednesday, June 26, 4-5 pm:** READ to a Dog: Kids can read a book of their choice to a fuzzy, friendly dog. To sign-up for a time slot, call (849-2420) or stop by the library.

**Tuesday, June 27, 6-7:30 pm:** Opening Summer Reading Program: Dig into Reading Puppet Performance and Puppet-making Craft: An audience of all ages is welcomed to attend a puppet performance of The Carrot Seed, The Giant Turnip, Anansi and the Talking Melon, and Over in the Meadow with Hands-ON Puppets. Follow the stories, kids can make their own puppets! Free.

**EVERY TUESDAY:** Fairfax Community Library Story Hour: Join us for stories, crafts, and activities from 9:30-10:30 am! For ages 0-6. June 4: Gardens, Flowers, and Music with Christy. June 11: Teddy Bear Picnic. Summer Story Hours: June 25: I Dig Big Machines

**Fairfax Community Library:** 75 Hunt St., Fairfax, Vermont, 05454. <http://www.fairfaxvtlibrary.org>. Like us on Facebook! Phone: 849-2420 Program Planner: Karyn Norwood at [knorwood@fwsu.org](mailto:knorwood@fwsu.org)

**School Year Library Hours:** M, W 8-5:30; T & TH 8-8; F 8-3:15; SAT 9-1

**Summer Library Hours:** MWF 10-5:30; T & TH 9-8; SAT 9-1

## BFA Hoop Camp July 15-19

**FOR:** Boys and Girls entering grades 1-8. Campers will be grouped by age and/or ability to ensure maximum success.

**COST:** \$60 per camper. Family of 2 - \$105, Family of 3 or more - \$150 (Fee includes Tuition, T-shirt, Basketball and Popsicles!)

**SCHEDULE:** Camp will begin at 9 am and end at 1 pm. All campers will need to report to the high school gym by 8:50 am for roll call and daily announcements. Camp will be held in the elementary, middle and high school gyms.

**EQUIPMENT:** Campers will need to bring sneakers, shorts, T-shirt and athletic socks each day. Campers may also bring a lock and lockers will be provided to keep valuables.

**CAMP DIRECTORS:** Glen Button, Varsity Boys Coach, Alan Maynard, Varsity Boys Assistant Coach, Brad Gillilan, Varsity Boys Assistant Coach,

**DISCIPLINE:** Any serious violations of camp regulations (damage to school property, disrespect to coaches or other behavior deemed detrimental to the group) will result in immediate dismissal from camp. If a camper is dismissed or withdraws from camp, there will be no refund.

**REGISTRATION:** Applications can be found by visiting the BFA-Fairfax Athletics website at [www.bfafairfax.com](http://www.bfafairfax.com). Please call Coach Button with any questions (316-1848). Completed applications should be mailed to BFA Fairfax c/o Coach Glen Button, 75 Hunt Street, Fairfax, VT 05454

Checks should be made payable to: BFA Hoop Camp

## Fairfax Sports

As we go to print, Fairfax's baseball and softball teams are preparing for the Semi-Finals in the Vermont State Championship with identical 17-0 records. The softball team has outscored their opponents 230-33 and the baseball team has outscored their opponents 209-31 for a combined score of 439-64. Go Bullets!! All the way!

**FranklinOne.com**  
*Georgia's Daily News Source*

## Patriots Youth Football

**Registration Date:** June 20, 2013. Steeple Market from 6-8 p.m.

For all kids going into Grade 2-8 in the Fall from Franklin & Lamoille County, including Westford, but not St. Albans.

## Breaking News

For Breaking News daily in Fairfax, check TheFairfaxNews.com and for Breaking News daily in Georgia (including Georgia Market's Weekly Specials), check FranklinOne.com.



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**Drop Box Working**

The front door has been fixed at the Fairfax Town Office on Hunt Street and that means the Drop Box is once again secure. It is a pleasure to report all items dropped recently were securely collected.

Thanks to Tom Fontaine!

**Community Day**

is on July 4th

**Parade Floats**

If you are interested in creating your own float for your group or business in the Fairfax Community Day Parade on July 4th, go to FairfaxRecreation.com to register.

**Welcome Aboard**

Fairfax Town Clerk & Treasurer Debbie Woodward has named Sheri Rainville Assistant Town Clerk & Treasurer.

**Graduation Police**

The Vermont State Police and the Franklin County Sheriff's Department will be patrolling Fairfax on the week-end of graduation to combat teenage alcohol consumption.

Warning to parents: Don't allow it!

**Congratulations Seniors**

**Country Pantry's Comeback**

BY KATHY BEEBE & CHRIS SANTEE

From the sea, there's grilled salmon and shrimp alfredo and from the land, there's bacon wrapped meatloaf, chicken carbonara and a very popular ribeye special at the Country Pantry in Fairfax, located at the junction of Vermont Routes 104 and 128.

The new owners Ermin and Nihad have traveled a few roads on their trip to Fairfax. In 1994, Nihad Basic and Ermin Jukic emigrated from Bosnia to the United States with some of Ermin's family. With culinary connections that extend to the Lake House in North Hero, these gentlemen have fine tuned their cooking skills and now are serving up some delicious meals at the Country Pantry.

At 17 years old, and one of few Bosnians in Vermont, Ermin started as a dishwasher at Isabelle's in Burlington on the waterfront. He advanced to prepping, cooking and catering and made his way to Florida where he ran restaurants.

At Isabelle's, Ermin befriended Russell Holmes, who now owns a restaurant in North Hero. According to Ermin, "Russell helped guide him through all this and he was always there when I needed help."

"It comes to a point in life when you think you'd like to do something on your own. I did well working in other places, so I thought I'd like to do something on my own. Vermont was peaceful and quiet and held our family and our beginning in the United States and the Country Pantry came up for sale. We looked at some other places but chose to be here and here we are!"

The side salads are fresh and delicious and dressings are made from scratch in-house and with the Soup Du Jour, make a meal. The menu includes Fish & Chips, Bone in Pork Chops, a sirloin steak, spare ribs, burgers and much more, including Chris's Favorite, a grilled chees with bacon and tomato.

The Country Pantry is Open Tuesday, Wednesday and Thursday from 11:00 am to 8:30 pm and Fridays and Saturdays from 7:00 am to 8:30 pm. Sunday Brunch is from 8:00 am to 3:00 pm. We recommend the Eggs Benedict.

**Henry's Website**

Henry Raymond's Website can be found at VTGrandpa.com.

467 members have made 40,196 posts on 14,660 topics on the popular site.

Thanks, Henry!



**Father's Day SAVINGS**



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# HAPPY INDEPENDENCE DAY

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### Ultimate Champions

Congratulations to the Bellows Free Academy Fairfax Girls Ultimate Frisbee team, Vermont State Champions!

### Did You Know?

Thomas Fairfax, who our town was named after, was a friend of George Washington's!

### Welcome Aboard

Fairfax Town Clerk & Treasurer Debbie Woodward has named Sheri Rainville Assistant Town Clerk & Treasurer.

### Fairfax FD

The Fairfax Fire Department trains on Tuesdays at 7:00pm and recently, there has been Search & Rescue training at the Food Venture Building, next to the blinking yellow light. Thanks to the buildings owners Gabe & Diane Handy.

## HEALD FUNERAL HOME

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### Fairfax History

Special thanks to Mike Cain of the Fairfax Historical Society for all your dedication to maintaining a record of the history of Fairfax.



### Ross's Auto Repair

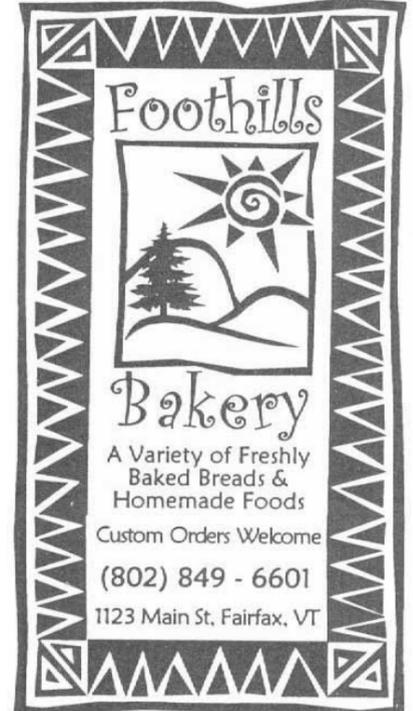
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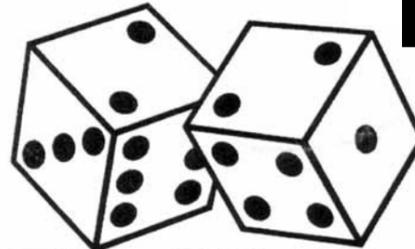
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SUN 7AM-8PM

## Avalon Triumvirate Academy Sends First Envirothon Team

The smallest school to participate in the Vermont Envirothon competition ever was the Avalon Triumvirate Academy located in Fairfax. This school fielded a team of five students and one alternate, and they have a grand total of eight high school students. This group competed with some of the largest high schools in the state, including Bellow Falls Union High School, South Burlington High School and People's Academy.

These dedicated students spent the school year preparing for hands on practical exams in four natural resources areas: Forestry, Soils, Wildlife and Aquatics. They also researched a current environmental hot topic in their community, sustainable grassland management, and presented their research findings on the topic to a panel of judges as part of the event. Their project involved looking at local farms in their communities and learning how the farmer manages fields and makes decisions about the use of the land.

This whole project was spearheaded by the Avalon Triumvirate Academy Science teacher, Lisa Fredette. Ms. Fredette was on the winning Envirothon team in 2006 when she was a senior at Mill River Union High School. The Envirothon preparation was part of the Advanced Placement Environmental Science curriculum at Mill River, and Ms. Fredette had wonderful memories of working with her peers to prepare for the event. These memories stuck with her, and when she became inspired to become a teacher during her senior year at UVM, she knew she would love to coach an Envirothon team.

Ms. Fredette found that opportunity when she started teaching at Avalon Triumvirate Academy last fall. Avalon

Triumvirate Academy is a small private school catering to the learning needs of students from diverse backgrounds, they promote within each student academic achievement, physical health, and a strong sense of self. This school with eight high school students placed eighth out of seventeen teams. The winning team, Bellow Falls Academy, will go on to the North American Envirothon competition in Bozeman, Montana in early August.

### Congratulations

Mary Fitzgerald,  
of Fairfax,  
Best Youth Cook for  
2013 at the Maple Fest  
in St. Albans!

### Drop Box Working

The front door has been fixed at the Fairfax Town Office on Hunt Street and that means the Drop Box is once again secure. It is a pleasure to report all items dropped recently were securely collected.

Thanks to Tom Fontaine!

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## SCHOOL BOARD NEWS

Continued from page 1

4th graders as they move from their homeroom to different classrooms for instruction.

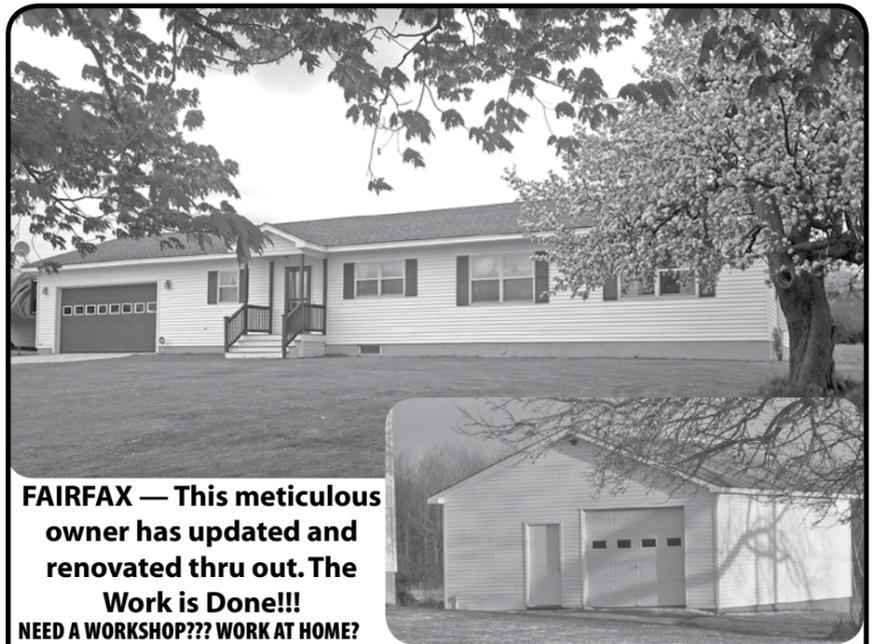
We are working with the community library committee to relocate the entrance door to our library. Ensuring the security and safety of our students is the primary reason for this change. We will be discussing the options and making a decision so work can be completed over the summer.

Come by to visit our newly-installed garden by the elementary playground! This was truly a community effort and

we look forward to watching the garden grow this summer.

We want to applaud not only our educators and school employees who work so tirelessly for the benefit of all our students but also our administrative team both at the school and supervisory union level. We are so fortunate to have such visionary leaders and we are grateful for their leadership.

Saturday, June 15th, is our high school graduation. It is with tremendous pride that we will be awarding diplomas to our graduates. Thank you to everyone in this community for being so supportive our school and our students. Congratulations to all!



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The Bellows Free Academy finished in second place in the 2013 Vermont Treasury Cup Challenge held in Montpelier by the State Treasurer's Office on May 3. Team members were each presented a trophy by State Treasurer Beth Pearce. Pictured with the State Treasurer are (l to r) Austen Carpenter, Aman Saini, Ben Tague and Courtney Meunier. The team was coached by math teacher John Tague.

(PHOTO BY SCOTT BAKER)

### State Treasurer Pearce Challenges High School Teams to Understand Personal Finance

MONTPELIER, Vt. — In an academic challenge of personal finance and economic knowledge, a dozen Vermont high schools recently competed to be named champion of the 2013 Vermont Treasury Cup Challenge. State Treasurer Beth Pearce awarded the large gold traveling trophy to Swanton's Missisquoi Valley Union High School. Second place was won by Bellows Free Academy in Fairfax and Fair Haven Union High School took home third place.

The aim of the challenge is to encourage Vermont high school students to learn about personal finance and economics, said Pearce. The tournament provides students and teachers with a fun educational event where they can showcase and grow their knowledge of finance. It's important that Vermont's youth learn financial skills and be able to understand basic economic principles. I congratulate all of the high schools that participated this year for their commitment to financial literacy.

May 3, teams assembled in Montpelier for the fifth annual competition. The Vermont State Treasurer's Office has offered the state tournament since 2009. Since its beginning, twenty-one different high schools have competed in the challenge.

The challenge provided our students with a great opportunity to compare their knowledge in personal finance and economics to other students across the state, said Missisquoi Valley Union business teacher and team coach Jacob Hartman. The success that our students were able to achieve will help highlight the hard work that MVU has done to make the very important topic of personal finance an integral part of our curriculum.

As the winner of the tournament, Missisquoi Valley Union High School wins the right to display the gold challenge cup for one year. Individual student members of the first place team also won trophies and each one received a \$250 college savings account donated by the Vermont Student Assistance Corporation. Student team members were: Taylor Marquis, Kraig McFadden, Elijah Eaton, Cole St. Francis and Eamon Murphy.

Second place winner Bellows Free Academy was coached by math teacher

John Tague. Student team members were: Austen Carpenter, Aman Saini, Ben Tague and Courtney Meunier. The third place winning team, Fair Haven Union High School, was coached by business teacher Kim Ransom. Student team members were: Cody Juckett, Dylan Carter, Shannon Halnon, Rachel Butrimas and Jenna Ray.

In addition to the schools that placed in the competition, teams participated from Burlington High School, Harwood Union High School, Lyndon Institute, Montpelier High School, Mount Mansfield Union High School, North Country Career Center, St. Johnsbury Academy, South Burlington High School and U-32 High School.

The students had a great time at the Treasury Cup Challenge! The format was challenging and fun, said Bellows Free Academy math teacher John Tague.

Four-person student teams competed against each other in a quiz-show style contest that tested individual and team knowledge. In round one of each match, students were asked questions on personal finance. Questions covered such topics as how to responsibly use credit, ways to budget money, understanding taxes, and signing a lease. In the second round, students addressed questions on the economy. Students were asked about the rate of inflation, what is the gross domestic product, the importance of the unemployment rate, how stock markets work, and monetary policy. The final lightning round allowed students to compete to answer questions that covered both personal finance and economics.

We learned a great deal about personal finance that we didn't know before we got there, said Fair Haven Union High School student Rachael Butrimas. It was a great day at the State House. We want to win next year.

The event was underwritten by TD Bank. The Vermont JumpStart Coalition also supported the competition and supplied volunteers for the event.

### Fairfax Golf

A small, but scenic golf course has opened on Route 128 just before you leave Fairfax. Kids play for free. Check BrownsRiverGolf.com for more.



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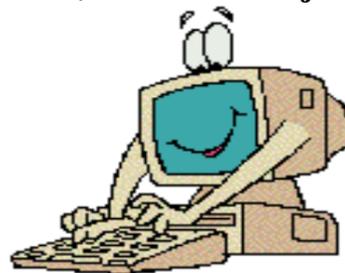
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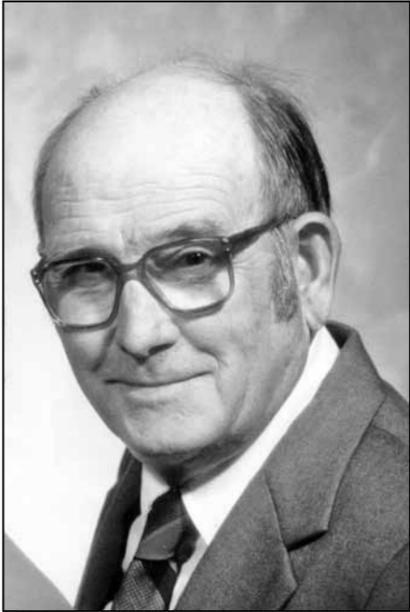


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## Orman B. Ovitt

FAIRFAX — Orman Brainard Ovitt, passed away the day before his 98<sup>th</sup> birthday on Sunday March 31, 2013 at Franklin County Rehab in St. Albans. Orman was born April 1, 1915 in Fairfield, VT son of the late Silas and Rhoda (Chadwick) Ovitt. He graduated from BFA Fairfax Class of 1936 and as valedictorian from Randolph Agricultural College, now Vermont Technical College.

Orman married Ivy Webb in Fairfax on Nov. 3, 1940. After graduating from College he was head Herdsman at Fairlee Farms in Conn: providing milk to local hospitals and Yale College.

Moving his family back to Vermont in 1942 and bought his first dairy farm. He built his life with Ivy in Fairfax raising their family and celebrating 65 years of marriage together before her death on June 22, 2006.

Orman loved fishing with his sons, grandchildren and friends. He enjoyed auctions and auctioneering for fund raising events in the community. Orman and Ivy loved to travel and were able to take several trips. He made many friends in the 3 winters he spent in Florida with JoAnne and Jim. Orman was very proud of his many flowers and gardens, sharing his produce with friends and neighbors. Orman was a charter member of the Fairfax Volunteer Fire Dept. A member of the Lamoille Lodge #6 F and A.M., Mount Sinai Shriners and a member of the Lodge Council Chapter Scottish Rite Bodies in The Valley of Burlington; Fairfax United Church and the Fairfax Senior Citizens. He also served as a past president for both the Franklin County Board of Realtors and the National Farm & Land Institute.

We wish to extend our many thanks to the nursing staff at Franklin County Rehab.

Orman is survived by: his two sons: Robert Ovitt Sr., of Fairfax; Richard Ovitt of Fletcher; three daughters: Barbara Sargent and husband Thomas of Swanton; Beverly Danyow and husband David of St. Albans Bay; JoAnne Godin and husband James of Fairfax; two sisters-in-law Frena Phillips and Alice Marcotte; fourteen grandchildren: Samuel Ovitt; Carol Jordan; Robert Ovitt Jr.; Joan Sweet; Deborah Woodward; Melissa Sargent-Minor; David Danyow Jr.; Christopher Danyow; Heather Godin; Cheryl LaClair; Marie Daneau; Eric Ovitt; Seth Ovitt; Michelle Ovitt; nineteen great grandchildren: Kaitlin; Joshua; Jessica; Kyle; Kody; Kole; Brittany; Danielle; Jacob;

Jarrett; Julia; Mary Grace; Jordan; Loudon; Aiden; Genevieve; Noelle; Baby Daneau; Bradly; three great great grandchildren: Ryleigh; Nicholas; Briley; two daughters-in-law Gloria Ovitt Ledoux; Marcia Clough; Several nieces, nephews and cousins.

He was also predeceased by his wife Ivy on June 22, 2006; his daughter Sandra Jean and his brothers, sisters and in-laws: Charles and Dorothea Wright; William and Arlene Brown; John and Barbara MacKay; Derrell Ovitt; Nellie and Douglas Webb and William Phillips.

Visiting hours were held on Sunday, April 7, 2013 from 4:00–7:00 p.m. at A. W. Rich Funeral Home – Fairfax Chapel, 1176 Main Street, Fairfax, VT 05454. Funeral services were held on Monday April 8, 2013 at 10:00 a.m. at the United Church of Fairfax with Reverend Elizabeth Griffin officiating. Burial will follow in the family lot in Fairfax Plains Cemetery. Memorial contributions in Orman's memory may be made to the Fairfax Volunteer Fire Dept., P.O. Box 14, Fairfax, VT 05454. The family invites you to view further information and share your condolences by visiting [www.awrfh.com](http://www.awrfh.com).



## Lorraine (Bradley) Tessin

Lorraine (Bradley) Tessin, 95, passed away peacefully on April 8, 2013 at her home in Fairfax, with family by her side.

Lorraine was born in Roslindale, Massachusetts on November 8, 1917. She was married to William Greenlaw Tessin in 1941 who predeceased Lorraine in 2003. They celebrated 62 years of marriage. Lorraine was a long time resident of Plymouth, Massachusetts.

She loved gardening, cooking, bird-watching, ice cream and swimming in the ocean. Lorraine moved to Fairfax in 1993. She enjoyed Vermont, the changing seasons, county fairs, apple picking, and the wonderful people she met here. She was excited to see the return of spring and to hear the first songbirds chirping once again in the back yard. Her generous heart, brilliant smile, and sparkling blue eyes filled her home with love, fun, family and wonderful memories. She leaves her children, grandchildren, great grandchildren, and friends with the knowledge that they were truly loved.

She is survived by her sons, Dana of Fairfax, and Wayne (Judy) of Plymouth MA. and her grandchildren Craig (Elizabeth), Heather (Simon Hajnasr), Trevor (Lisette) and 6 great grandchildren: Elise, Bradley, Joseph, Anna, Katie, and Jack.

A private service is being planned for a future date. The family invites you to share your memories and condolences by visiting A.W. Rich Funeral Home website: [www.awrfh.com](http://www.awrfh.com).



## Emaline October Lorraine Lantagne

Milton, Emaline October Lorraine Lantagne, beloved infant daughter of Curtis Lantagne and Amanda Chmura, departed unexpectedly from this world on Wednesday, June 5, 2013. Born February 25, 2013, Emaline is survived by her loving parents; her paternal great-grandparents, Clarence and Dolores Lantagne of Newport and Raymond and Agnes Racine of Winoski, Vermont; her maternal great-grandmother, Mrs. Andrew (Margaret) F. Dowden, Jr. of Windsor Locks, Connecticut; her paternal grandparents, Douglas (Papi) and Evangeline (Lolly) Lantagne of Fairfax, Vermont; her maternal grandparents, Thomas (Grandpa) and Maureen (Mimi) Murphy of Cheshire, Connecticut; Uncle Bryan and Aunt Nora Lantagne of West Baldwin, Maine; Aunt Alycia Lantagne of Austin, Texas; Uncle RJ, Uncle Sean and Aunt Rae-Rae Murphy of Connecticut; her godmother, Megan Lynch of Essex, Vermont and a multitude of great aunts, great uncles and cousins. Emaline was the light, laughter and love in her family's and friends' lives. During her short earthly stay, she visited all of the New England states, except Rhode Island. We will forever carry her heart and joyful smile in our hearts.

A Mass of the Angels was celebrated on Monday, June 10, 2013 at 11:00 am in St. Luke Catholic Church on Huntville Road, in Fairfax. Visiting Hours were held on Sunday, June 9th from 4–7 pm with Vigil prayers being offered by Fr. John G. Feltz at 6:45 PM in the Minor Funeral Home, Route 7 in Milton.

Memorial Contributions may be made in Emaline's memory to: The CJ Foundation for SIDS, HUMC: WFAN Pediatric Center, 30 Prospect Avenue, Hackensack, NJ 07601

Curtis, Amanda and family would like to extend their deepest thanks to the responding EMTs, Police officers and Fletcher Allen ER staff, especially Kate, Emily and Tim, for their assistance, support and compassion throughout Wednesday's tragic event.

Online Condolences may be made at [www.minorfh.com](http://www.minorfh.com)



## Beverly J. (Stewart) Taylor

FAIRFAX — Beverly Jane (Stewart) Taylor, 86, passed away at her home in Fairfax on Sunday, April 28, 2013. She was born on May 11, 1926 in Jeffersonville, VT daughter of the late Clifford and Rena (Spofford) Stewart. Beverly graduated from BFA Fairfax as Valedictorian of the Class of 1944 and attended UVM.

On March 4, 1945 she married Herbert Taylor. She had been an active member of the Eastern Star. Beverly served on the board for the Fairfax United Methodist Church, Franklin County Home Health and Hospice and the Fairfax Community Library. She loved spending her summers at camp in Grand Isle and enjoyed a good Lemon Drop. Beverly had many friends and family and will be missed by all those who knew and loved her.

She is survived by her four children Susan Mitchell and husband John of Fairfax; William S. Taylor and wife Kelly of AZ; Richard Taylor of Grand Isle; Wendy Taylor of Troy, NY; her sister Janet Geer of Fairfax; four grandchildren Scott and wife Jennifer Mitchell of Fairfax; Matthew Mitchell of CA; Megan Taylor and husband Matt Andrus of NH; Eli and Aimee Taylor of VA; five Great Grandchildren: Peter & Samantha Mitchell, Jacob, Dylan and Elouise Taylor.

She was also predeceased by her husband Herbert Taylor in 1976.

Visiting hours were held on Tuesday, April 30, 2013 from 5:00–7:00 p.m. at A. W. Rich Funeral Home – Fairfax Chapel, 1176 Main Street, Fairfax, VT 05454. A Memorial service was held on Wednesday May 1, 2013 at 11:00 a.m. at the United Church of Fairfax with Reverend Elizabeth Griffin and Reverend Walter Mahaney co-officiating. Inturnment will follow in the family lot in Fairfax Plains Cemetery. Memorial contributions in Beverly's memory may be made to the United Church of Fairfax, c/o Sally Sweet, 44 Sweet-Slattery Road, East Fairfield, VT 05448 or Franklin County Home Health and Hospice, 3 Home Health Circle, St. Albans, VT 05478. The family invites you to share your memories and condolences by visiting [www.awrfh.com](http://www.awrfh.com).

### Fairfax History

Special thanks to Mike Cain of the Fairfax Historical Society for all your dedication to maintaining a record of the history of Fairfax.

**Read Fairfax News Daily  
at TheFairfaxNews.com**



**Douglas S. Stewart**

FAIRFAX — Douglas Samuel Stewart, 78, passed away peacefully with his family by his side on Saturday April 20, 2013 at Fletcher Allen Health Care in Burlington. He was born November 30, 1934 in Burlington son of the late Robert and Georgiana (Swan) Stewart. He married the former Margaret Barry on April 4, 1959 in Manchester, NH. Douglas proudly served his country during the Vietnam War as a member of the U.S. Air Force. During his 23 years with the Air Force he was stationed around the world from Bermuda to Japan and across the USA from New Hampshire to California. He worked for Medical Center Hospital of Vermont for 21 years. He was an avid Red Sox fan, loved hunting in Westford and was an avid fisherman. Often he was found fishing on the banks of Georgia Shore with his brother and brother-in-law. Douglas looked forward to and supporting his grandchildren and all their activities especially sports. Over the years he had mentored many youngsters through his involvement of coaching many youth and little league baseball teams as well as his instrumental role in constructing the BFA-Fairfax Cross Country Trail. Douglas was a valued member of the community and will be missed by all those who knew and loved him.

He is survived by his loving wife of 54 years Peggy Stewart of Fairfax; his three sons Craig Stewart and wife Kym of St. Albans; Gary Stewart of Essex; David Stewart and wife Jennifer of South Carolina; two daughters Marlene Karr and husband Quentin of Fairfax; Carolyn Stames and husband Thomas of Morrisville; his brother Richard Stewart and wife Susan of St. Albans; Eight grandchildren: Jennifer Stewart; Lindsay Phillips; Stephanie Karr; Justin Stewart; Danny Stames, Katie Stames; Audrey Stewart, Joshua Stewart; two great grandchildren: Orion Stewart and Grayson Phillips; many nieces and nephews.

Douglas was also predeceased by his brother Robert Stewart, sister Barbara Popple and his granddaughter Pamela Stewart.

Visiting hours were held from 5:00 – 8:00 pm on Wednesday April 24, 2013 with prayers being offered by Father Feltz at 5:00 pm at A. W. Rich Funeral Home – Fairfax Chapel, 1176 Main Street, Fairfax, VT 05454. A Mass of Christian Burial was celebrated Thursday April 25, 2013 at 11:00 am at St. Lukes Catholic Church, Fairfax with the Reverend Soosai Raj officiating. Burial will be held at a later date in the family lot in Pleasant View Cemetery, Westford. Memorial contributions in Douglas' memory may be made to the "BFA Athletics," Attn: Geri Witalec, 75 Hunt Street, Fairfax,

VT 05454. The family invites you to share your memories and condolences by visiting [www.awrfh.com](http://www.awrfh.com).



**Raymond J. Levesque**

ST. ALBANS — Raymond J. Levesque, age 72, died Friday, May 24, 2013.

I wrote many obituaries in my lifetime and wrote this before I died. I was born in Richmond, son of Moses J. and Marjorie (Terrien) Levesque and hopefully have spent my entire life helping others. I loved people, some more than others, but the special people in my life were my parents, my wife Joyce (Luman), my son Jeff Levesque and his wife Christine, my daughter Cindy Hale, and her husband Chad, my grandchildren, Matt, Lauren, Leah, Keira, and Nick, my sister Fran Fusco and her husband Joe, my brothers Tom, Steve and his wife Sue, and Jerry Levesque. I also leave my brother-in-law Bob Luman and his wife Polly, several nieces, nephews and cousins. I was predeceased by my parents, my sister Teresa, and my father and mother-in-law Gordon "Gus" and Marge Luman.

A Mass of Christian Burial was celebrated at Holy Angels Church at 11:00 a.m. on Thursday, May 30, 2013. Interment will be in our family lot in Holy Cross Cemetery. Online condolences may be sent to my family at our website: [www.bradyandlevesque.com](http://www.bradyandlevesque.com). Please do something kindly toward one another in my memory and say a short prayer for me. Arrangements are entrusted to my son and staff at the Brady & Levesque Funeral Home and Commemorative Services.

## Remembering Kenny Jerome

### Fairfax Website

The Town of Fairfax is in the process of creating an official town website. Watch TheFairfaxNews.com for more updates.



Betty Parker enjoys the new rehab pool at Fairfax Family Physical Therapy with owner Krystall Jenness.

### Fairfax Family Physical Therapy Keeping Fairfax Residents Healthy

The day starts early for Krystall Jenness in the stone house at the intersection of Buck Hollow Road and Main Street. "We open at 5:00 am because it fits some peoples' schedules," says Krystal. With the new addition of the rehab pool, a wide open waiting room and the rehab equipment wing, Fairfax Family Physical Therapy is busy all day.

Open since 2004, the facility features high tech equipment including low level laser that helps speed recovery of injuries by stimulating cell activity to improve tissue healing and decrease pain, a recumbent stepper that is safer and healthier for the body, a full set of weights and a wide variety of other therapeutic pieces of equipment with a high tech pulley system to come.

Fairfax folks are now recovering from a wide range of problems from various surgeries, sprains, strains, athletic injuries and many neurologic and orthopedic problems (surgery on their shoulders, rotator cuffs and ACL repair on the knees) all on Main Street in Fairfax.

With Krystal's guidance and three fulltime PT's and an ATC, patients are getting back in the swing of the action by rehabilitation at Fairfax Family Physical Therapy.

Call today for an appointment at 849-9308.



Bob, Bev and the Greenia family presented the Town of Fairfax with a replica covered bridge at a recent Select-board meeting. Bob did an incredible job matching the original structure on Maple Street and it can be viewed at the Fairfax Town Office.

PHOTO BY SCOTT GREENIA



Bob Greenia starts the rafter construction.

### Pay It Forward!

Don't stand for senior hunger — drive for it instead! It only takes an about an hour to deliver hot, nourishing meals to your senior neighbors and the good feelings are guaranteed to last much longer. Deliver once a month, every other week, or once a week— whatever your schedule allows. Fairfax Meals on Wheels is in dire need of volunteers today! Won't you help to ensure your neighborhood seniors will get a smile, a meal and daily safety check by volunteering?

For more information, contact Lisa Townsend at CVAA for more information at [lisat@cvaa.org](mailto:lisat@cvaa.org) or 865-0360.

### Back-Up Water

Chevalier's has been drilling on Fletcher Road in search of a second water source for the town. Watch TheFairfaxNews.com for more.

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 Peoples (24-2 W)  
 Harwood (4-0 W)  
 @ Hazen (23-0 W)  
 Winooski (27-4 W)  
 Enosburg (5-0 W)  
 Richford (6-0 W)  
 @ Lake Region (15-1 W)  
 @ Enosburg (13-3 W)  
 @ Richford (3-2 W)  
 Lake Region (13-5 W)  
 @ Winooski (30-3 W)  
 Hazen (7-0 W)  
 @ Danville (12-1 W)  
 @ Lamoille (8-0 W)  
 @ Peoples (14-0 W)  
 Mt. Abraham (15-10 W)  
 Host Harwood in Semi ?  
 Championship ?

**BFA Fairfax Bullets**

# 1 seed in Division III  
 17 wins, no losses !  
 Danville (9-0 W)  
 Peoples (19-3 W)  
 @ Hazen (21-4 W)  
 Blue Mountain (10-4 W)  
 Winooski (10-0 W)  
 Enosburg (14-0 W)  
 Richford (6-1 W)  
 @ Lake Region (7-1 W)  
 @ Enosburg (10-1 W)  
 Lake Region (16-0 W)  
 @ Winooski (17-1 W)  
 Hazen (12-2 W)  
 @ Danville (10-7 W)  
 @ Peoples (17-5 W)  
 @ Richford (8-0 W)  
 Hazen (15-1 W)  
 Peoples (8-1 W)  
 Host Leland & Gray ?  
 Championship Game ?

**Thank You**

I would like to thank my family, friends, and community for the help and support for my pasta supper fundraiser. Thanks to the generosity of many, I was able to exceed my goal by \$111. This money will be donated to Fairfax food shelf. I would like to thank: Rev. Elizabeth Griffin, The executive committee of the UCF, Mr. Charlie Swanson, Mr. Corey Hinton, Minors Country Store, and *The Fairfax News*.

Sincerely,

*Zac Roy*

**Thank You**

I'd like to give a special shout-out to five local businesses, all on Main Street in Fairfax, who have continuously contributed in support of our children in their fundraising activities.

Since I have been editing this newspaper in September of 2001, these five have always gone above and beyond with their generosity.

Be it a bottle drive at Minor's Country Store, a plant sale at J&L Hardware, a coin drop at Steeple Market or a contribution from the Fairfax Pharmacy or Rainville & Sons Collision & Repair, these five have always opened their checkbooks and been there in support of our youth.

Please remember that when you get in the car to go shopping.

"It takes a community."



*Retired Road Foreman Don Pigeon learns where not to hold a flag at Community Day 2012.*



*Paul Langelier and Mildred Warren on the Fairfax Water & Sewer Department float at the Community Day Parade 2012.*

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**CELEBRATING 250 YEARS**

*Continued from page 1*

welcome! Please do not hesitate to contact us with any questions. Last year was our comeback year and we had over 65 entries in the parade and the park had several vending and fun in the park. On year two we are looking to top it and provide more food and entertainment in the park as well.

Plus we love that our floats in the parade throw candy to the kids and they chatted my ear off after the parade on the floats and the candy throwing was so much fun to catch and share with their siblings.

Do you have a business that would gain exposure by being in the parade or vending in the park? Or a Veteran, have a race car/antique car/community club/sport or just plain want to dress up and be in the parade; YOU are exactly who we would love to have! Here is a great opportunity to celebrate the 250th Birthday of Fairfax and participate in the celebration!

**Go Bullets**



**All the Way!**

Check FairfaxRecreation.com for more information, or to sign up.

Saturday, July 27th marks Art In Bloom, a young Fairfax tradition held at Swanson's Nursery next to the Lamoille River bridge where local musicians and artists will perform and display their arts and crafts. Founded by Shelly Pottala, this event is now organized by Reverend Elizabeth.

Early August will see hundreds of runners invading Fairfax for the Annual Egg Run, a 5 or 10K, walk/run along the Lamoille River which wraps up with an omelet for participants.

On it's actual birthday, Fairfax residents will gather at the Green at BFA Fairfax for a performance by the Fairfax, Fletcher, Westford band and perhaps a cake, with a lot of candles.

While Fairfax's history is a mixture of many people and events, a flood in 1927, a school fire in 1941 and a tornado in 1973, it's come a long way from the day it was founded, 250 years ago, August 18th.

Happy Birthday, Fairfax !

**Breaking News**

For Breaking News daily in Fairfax, check TheFairfaxNews.com and for Breaking News daily in Georgia (including Georgia Market's Weekly Specials), check FranklinOne.com.

**Host Families Wanted**

Once again BFA Fairfax will be hosting 30 Chinese exchange students for two weeks, from June 30-July 12. And once again, we are looking for families willing to host two youth for the time period. Youth will be in classes all morning, and in activities in the afternoon. Host families are responsible for providing transportation to and from school, though bus transportation has been available and will be this year. Host families are responsible for meals, evening activities, and some weekend events. There may be group activities available weekends as well when youth and host families may participate.

If a host family has a student at BFA high school that youth may be eligible for elective credit!!! A per youth stipend of \$200 is available.

We hope you will consider participating in this amazing cultural event.

If interested please contact me, Pastor Liz, at 849 6588 or [pastorliz@earthlink.net](mailto:pastorliz@earthlink.net)

Many thanks. And please, pass this information on to others who might be interested.

**Second Recipe**

Due to *The Fairfax News* no longer printing monthly, we have two recipes from the Inn at Buck Hollow this issue. See their ad on page 15.

**Community Day**

is on July 4th

**CTE Recognition**

*BY KAREN HEBERT*

The Center for Technology, Essex, held the school's Recognition Night June 6th at the Robert E. Miller Building at the Essex fairgrounds. It was a largely attended ceremony that recognized all the students for their hard work & dedication in their technical fields of study. The two student speakers were students from BFA Fairfax, Sarah Zelle and Connor Laroche; both did a wonderful job of speaking. There were many other Fairfax students who also attend CTE, all should be proud of their accomplishments. Congrats to all and you made Fairfax shine!!!

**Marathon Runners**

Congratulations to all who ran in the Burlington Marathon, including Fairfax residents Michael Previs, Matthew Roth, Kevin Moore, Aidan Grace, Russell Senesac, Shaun Coleman, Justin Wills, Gabriel Grant, Kaitlin Langelier, Mary Pigeon, Liz Staples, Nicole Belida, Stephanie Lynch, Lea Wimmette, Selena Senesac, Susan Castro, Erin Bancroft and Katrina Antonovich.

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**Fairfax Food Shelf**  
The local food shelf is located in the basement of the church building. It is open the first two Wednesdays of the month 9:00 to 12:00 and the fourth Saturday 8:30 to 10:30. Contact Rev. Liz at 849-6588 for more information about the food shelf.

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 Zoning/DRB/Planning Office 849-6111 Ext. 3..... Monday–Thursday 10:00 am–2:00 pm  
 Zoning Administration 849-6111 Ext. 4 ..... Monday-Thursday Call for Hours (first and third Monday 6:00–8:00 pm)  
 Lister's Office 849-6111 Ext. 5 ..... Tuesday, Wednesday, & Thursday 9:30 am–4:00 pm  
 Utility Office 849-6111 Ext. 6 ..... Monday & Tuesday 9:30 am–3:00 pm and most Wednesdays  
 Selectboard Office 849-6111 Ext. 7 ..... Monday through Thursday 9:00 am–3:00 pm  
 Parks and Recreation Director ..... Katrina Antonovich 849-2641  
 Water/Sewer Facility 849-6033..... Monday–Friday 7:00 am–4:00 pm (24/7 Emergency Call 849-6304)  
 Fairfax Community Library 849-2420..... www.FairfaxVTLibrary.org

## For Your Information

- \* Burn Permits/Fire Warden Duane Leach 849-6174
- \* Assistant Fire Warden Paul Langelier 849-2230
- \* Dog Bites — Report Immediately to Town Health Officer Peter King at 849-6111
- \* Animal Control Officer Bill Stygles 849-6268

## Selectboard Members

- \* Chairperson – Randy L. Devine,
- \* Vice-Chair – Chris Santee, Tom Fontaine, Dave Shea and Leebeth Ann Lemieux

## Events

- \* Community Day July 4th
- \* Trash & Recycle Pick Up Days  
Wednesdays and Thursdays  
Call 1-800-439-3615 for more info
- \* New recycle bins can be picked up at the Town Office during regular office hours.
- \* Selectboard Meetings 1st, 3rd & 5th Mondays

Please feel free to contact the Fairfax Selectboard at [FairfaxSelectboard@yahoo.com](mailto:FairfaxSelectboard@yahoo.com)

## Read Fairfax News Daily at TheFairfaxNews.com

### TheFairfaxNews.com

The Fairfax News is available daily online at [TheFairfaxNews.com](http://TheFairfaxNews.com).

In July the local website will pass 750,000 hits and includes weather alerts, breaking news, community events, sports and school news from BFA and beyond, sheriff's news, rescue and fire news and of course political news. It will include all your Town Meeting news.

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### Fairfax Websites

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1. Mix rice flour, sugar, baking powder in bowl. Beat in milk until mixture has a smooth consistency. Add the beaten egg and butter and mix until just blended.
2. Add a little oil to griddle and cook on med heat. Turn only once.

To add variety: Mix one mashed banana with egg for banana pancakes

- 1 cup rice flour
- 2 Tbs sugar
- 2 tsp baking powder
- ½ tsp vanilla
- 1 egg, lightly beaten
- ½ cup milk or non-dairy milk
- 2 tsp melted butter

Jacque Schwartz  
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For almost 20 years, the Inn at Buck Hollow Farm on Buck Hollow Road has hosted visitors to our community from all over the world, many visiting friends and relatives in Fairfax. Brad & Jacque have also hosted countless weddings, receptions, meetings and retreats.

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### Sweet Potato Oatmeal Chocolate Chip Cookies

Makes 36 cookies



Mix flour, baking soda, salt, and cinnamon in a small bowl and set aside.

In a larger bowl, beat the sweet potato, oil, sugar, eggs, and vanilla until smooth. Pour the flour mixture and oats into the bowl and mix well. Stir in the dried cranberries and chocolate chips.

Spoon out 12 balls onto each cookie sheet.

Bake for eight to 10 minutes, removing from oven when the edges are slightly tan. After a minute transfer the cookies to a cooling rack.

Store leftover cookies in an airtight container.

- 1½ cups whole wheat flour
- 1 teaspoon baking soda
- ½ teaspoon salt
- 1 teaspoon cinnamon
- ¾ cup mashed baked sweet potato
- 1 cup vegetable oil
- 1 cup brown sugar
- 2 eggs
- 1 teaspoon vanilla
- 2 cups quick oats
- 1 cup dried cranberries
- 1 cup dark chocolate chips

Preheat oven to 375° F. Lightly spray three cookie sheets with cooking spray.

### Second Recipe

Due to The Fairfax News no longer printing monthly, we have two recipes from the Inn at Buck Hollow this issue. See their ad on this page.

# Fairfax Business Directory

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# PILL BOARD

**DRUG INTERACTIONS WITH GRAPEFRUIT** that have been identified total at least 85 with around half of them potentially leading to serious reactions. Increased risk of bleeding, high potassium levels, arrhythmia and rhabdomyolysis, a breakdown of muscle fibers, leading to kidney damage are dangerous conditions that can result from this interaction. Avoiding grapefruit within a certain time period of taking the medication does not work. The effect the grapefruit has on an enzyme system in stomach is complete and it takes the stomach anywhere from 48 to 72 hours to replenish the enzyme. Other fruits generally do not cause the problem unless large quantities of limes, pomelos or Seville sour oranges are consumed, however sweet oranges can decrease blood levels of fexofenadine (Allegra) and atenolol as well as some other medications.

**A TEN FOLD INCREASE IN EMERGENCY ROOM VISITS** relating to the consumption of energy drinks has attracted the attention of regulators. Energy drinks include in their formulas herbal sources of caffeine and commonly do not list their total caffeine content. Caffeine daily intake should be no more than 400mg per day for adults and a little over 1mg per pound per day for teenagers. While caffeine does increase alertness it also can mask the signs of intoxication leading to overuse of alcohol and drunk driving. Because caffeine can cause sleep loss it can slow reaction time and lead to anxiety and heart arrhythmias.

**CANKER SORES OCCUR INSIDE THE MOUTH ON THE GUMS OR TONGUE** and can be very painful and difficult to treat. Stress, trauma and some vitamin and mineral deficiencies can cause canker sores. Low levels of B-Complex vitamins as well as inadequate iron or zinc have been implicated in the occurrence of canker sores. Over the counter remedies include Cankermelts, Kank-A and Orabase. These products either form a protective layer over the sore,

numb it with benzocaine or do both. Peroxide rinses such as Peroxyl can give relief if used after meals to cleanse the area. Triamcinolone Dental Paste and Aphthasol Paste are available by prescription for more severe cases as well as steroid solutions such as dexamethasone elixir for the most severe cases.

**PATIENTS TAKING DAILY ASPIRIN MAY BE CONCERNED** about developing age related macular degeneration (AMD). This is because some studies suggest that taking daily aspirin can increase the risk of the wet version of macular degeneration. This is observational data and so cause and effect is not established. The cardiovascular benefits of daily aspirin far exceed the potential increase risk of developing AMD. To reduce risk of AMD patients should control blood pressure, stop smoking, eat less fat and more leafy greens and be sure to wear good UV blocking sunglasses. The so called eye vitamins have not been shown to reduce the risk of developing AMD but do slow the progression from intermediate to advanced cases. Schedule regular eye exams and report any vision changes such as wavy lines or blind spots.

### Elementary Roof

The roof on the elementary wing at BFA Fairfax is in need of repair and the issue has been addressed by the School Board.

### Elementary Gardens

The elementary students at Bellows Free Academy Fairfax have created raised gardens on school property. Check them out!

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